**SAKS and DFAS Symposium ved DOS 2018**

***Danish Society of Arthroscopy and Sportstraumatology***

***Danish Foot and Ankle Society***

*Wednesday 24th October 2018*

*Time: 13.00 – 16.00*

*Location: Helsinki / Oslo*

**Arthroscopic treatment of pathologies in the ankle and hindfoot**

**Chair: *MD Per Hölmich SAKS and MD Jens Kurt Johansen DFAS***

**Kl 13.00 – 14.30**

1. Arthroscopic anatomy of the ankle and hindfoot (10 min) - Jens Kurt Johansen
2. Imaging of ankle, subtalar join and indfoot (10 min) - Jacob Grindsted
3. Arthroscopy of the ankle joint (30 min) - Gino Kerkoffs

*Pathology and indications.*

*Anterior and posterior surgical technique.*

1. Subtalar arthroscopy (10 min) - Gino Kerkoffs

*Pathology, indications and techniques.*

1. Complications to ankle arthroscopy (10 min) - Michael Krogsgaard
2. Postoperative rehabilitation (10 min) - Robert B. Herzog
3. Discussion (10 min) - All

**Kl 14.30 – 15.00**

**Coffee break**

**Kl 15.00 – 16.00**

1. Best treatment of fasciitis plantaris (15 min) - Lars Konradsen
2. Diagnostics and non-surgical treatment of tendinopathies - Morten Boesen

in the foot and ankle (15 min)

*Is treatment with High Volume Injections an option?*

1. Surgical treatment of tendinopathies in the foot and ankle (20 min) - Gino Kerkoffs

*Indications, technique and complications.*

1. Discussion (10 min) - All

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**Kl 16.15 – 17.00**

**SAKS** **General Assembly** ( *Helsinki* )

**DFAS General Assembly** ( *Oslo* )

***List of speakers:***

***Chair:***

SAKS - Per Hölmich

DFAS - Jens Kurt Johansen

***Speakers:***

Jens Kurt Johansen, MD, Orthopaedic Foot and Ankle Surgeon

Amager and Hvidovre University Hospital

Copenhagen – Denmark

Jacob Grindsted, MD, Radiologist

Gildhøj Private Hospital

Copenhagen – Denmark

Gino Kerkoffs, MD, Ph.D., Professor, Orthopaedic Foot and Ankle Surgeon

University of Amsterdam Academic Medical Centre

Amsterdam – Netherland

Michael Krogsgaard, MD, Ph.D., Professor, Orthopaedic Arthroscopic and Sports Surgeon

Bispebjerg and Frederiksberg University Hospital

Copenhagen – Denmark

Robert Herzog, Sports physiotherapist, Clinics of Sportsmedicine, Dept. of Physiotherapy

Bispebjerg and Frederiksberg University Hospital

Copenhagen – Denmark

Lars Konradsen, MD, Orthopaedic Arthroscopic and Sports Surgeon

Bispebjerg and Frederiksberg University Hospital

Copenhagen – Denmark

Morten Boesen, MD, Ph.D., Orthopaedic Arthroscopic and Sports Surgeon

Sealand University Hospital

Køge – Denmark